

my efforts. my results.



## take the MyZone Challenge!

---

The purpose of this challenge is to motivate new adult members to start their fitness journey and to form a healthy exercise habit.

### the challenge:

---

- Visit the club 8x each month for the first 3 months (2 visits a week, 24 visits in 90 days).
- Wear & achieve the 1,300 MyZone Effort Point (MEP) goal each month in first 3 months.
- Using a complimentary MyZone Challenge Guest Pass, bring a guest to the club in the first 90 days.

### the reward:

---

- Complete challenge & earn a MyZone belt FREE!
- *If the Challenge is not completed within the 90 days, a one-time fee of \$45 will be charged to your account following your challenge end date.*

**Yes! I accept the MyZone Challenge!**

---

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

90-Day Challenge End Date: \_\_\_\_\_