

# WHEATON SPORT CENTER 10ANDUNDERTENNIS TENNIS DEVELOPMENT FOR THE COMPLETE PLAYER

- **GROUP LESSONS**  
Progressive Skill Development  
Tactical Awareness
- **TENNIS WHIZZ**
- **RED ORANGE GREEN**
- **HIGH PERFORMANCE DEVELOPMENT**
- **SUMMER CAMPS:**  
RED ORANGE GREEN
- **PRIVATE LESSONS**

- **HOLIDAY CAMPS:**  
RED ORANGE GREEN
- **FRIDAY COURT WARRIORS:**  
RED ORANGE GREEN
- **PLAYDAYS:**  
RED ORANGE GREEN



- **PARENT/CHILD TOURNAMENTS:**  
RED ORANGE GREEN
- **PIZZA/MOVIE NIGHT:**  
RED ORANGE GREEN
- **HALL OF FAME:**  
RED ORANGE GREEN

- **WORLD TOUR EVENTS:**  
RED ORANGE GREEN
- **IN-HOUSE TOURNAMENTS:**  
RED ORANGE GREEN
- **JUNIOR TEAM TENNIS:**  
RED ORANGE GREEN
- **ICOMPETE TOURNAMENTS:**  
ORANGE GREEN
- **USTA YOUTH PROGRESSION TOURNAMENTS:**  
ORANGE GREEN

## 10 & UNDER HALL OF FAME

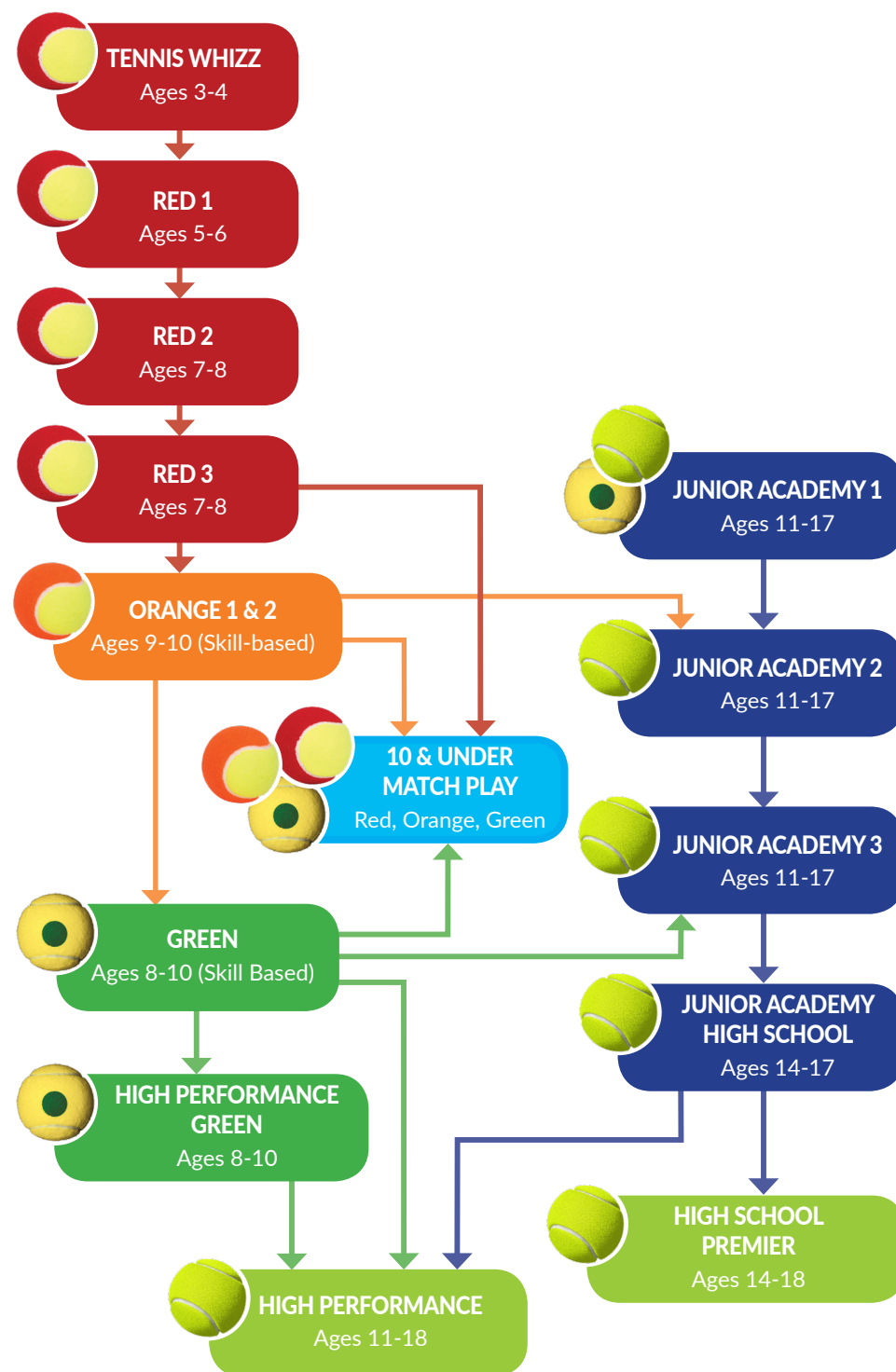
WSC acknowledges players who show their commitment to their tennis development. Players receive a Hall of Fame certificate by participating in a variety of our tennis programs and activities listed above. Collect 4 certificates (June through May) and you will be inducted into the Hall of Fame. Hall of Fame members are recognized by:

- Photo on the Hall of Fame Wall
- Personalized Hall of Fame T-shirt
- Exclusive Hall of Fame Tournament & Induction Ceremony
- Photo & Bio in the WSC Hall of Fame Booklet

For more details, contact Jenny Woyahn, [jwoyahn@wheatonsportcenter.com](mailto:jwoyahn@wheatonsportcenter.com)

## JUNIOR TENNIS ROADMAP

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs & goals.



## WINTER 2018-2019

**SESSION 1: OCTOBER 29 - JANUARY 20**

10-WEEK SESSION - NO CLASS 11/22 & 12/24-1/6

**SESSION 2: JANUARY 21 - MARCH 24**

9-WEEK SESSION



Lori Mills, Tennis Manager  
Jenny Woyahn, Jr. Tennis Director



630-690-0887 | [www.wheatonsportcenter.com](http://www.wheatonsportcenter.com)



Wheaton Sport Center has achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding Professional tennis standards.



# 10ANDUNDERTENNIS GROUP LESSONS

Jr. Tennis Director: Jenny Woyahn  
jwoyahn@wheatonsportcenter.com

## FRIDAY COURT WARRIORS\* RED, ORANGE, GREEN

It's important for player development to take the skills learned in weekly lessons and apply them in match play situations. **Friday Court Warriors** will practice their tennis skills by competing in fun weekly competitions, with supervising coaches helping them learn on-court problem-solving, shot selection, and strategy. Each week will feature a different competition theme, rotated each month. Players will also earn points as they improve their match play skills, which will be tracked on our Court Warrior Leaderboard.

### MATCH PLAY SCHEDULE (weekly per month)

WEEK 1	David Cup Competitions
WEEK 2	Rotating Singles Competitions
WEEK 3	Wild Card Competitions
WEEK 4	Tiebreaker Tournaments
WEEK 5	Doubles Competitions

## RED BALL

Fridays | 4:00pm-5:00pm

SESSION 1	SESSION 2	DROP-IN
\$75	\$68	\$9/week

## ORANGE & GREEN BALL

Fridays | 4:00pm-6:00pm

SESSION 1	SESSION 2	DROP-IN
\$149	\$134	\$17/week

**NEW DROP-IN OPTION!** Players can register for the entire session, or play on a week-to-week drop-in basis.

For drop-in, WSC 10 & Under players will receive a weekly email; to sign up just reply to the email on the weeks that you wish to participate.

\*Players must be enrolled in a minimum of 1 day of WSC 10 & Under group lessons to participate in this program.

## TENNIS WHIZZ AGES 3-4

Players will have fun with Tennis Whizz curriculum, which teaches both basic tennis skills and fundamental movement skills needed for Red 1. Each class uses a storytelling approach to fully engage children in the lesson that includes skill-building around letters, numbers, shapes, and social development. Players receive take-home activities as we address the growth of the entire young child.

DAY	TIME
Mon	4:00pm-4:30pm
Tue	12:30pm-1:00pm
Thu	9:30am-10:00am
Sat	11:30am-12:00pm
Sun	1:30pm-2:00pm

\*NEW\* All first-time participants receive a Tennis Whizz tennis racquet & backpack.

## RED 1 AGES 5-6

Players are introduced to tennis mechanics by way of game-based play to continue development of agility, balance, and coordination while learning forehands, backhands, volleys and serves.

DAY	TIME
Tue	1:00pm-2:00pm
Tue	4:00pm-5:00pm
Wed	6:00pm-7:00pm
Thu	9:00am-10:00am
Thu	4:00pm-5:00pm
Sat	12:00pm-1:00pm
Sun	2:00pm-3:00pm

## RED 2 AGES 7-8

This level concentrates on groundstroke development, volleys, serves, and progression to rallying skills.

DAY	TIME
Tue	4:00pm-5:00pm
Wed	6:00pm-7:00pm
Thu	4:00pm-5:00pm
Sat	12:00pm-1:00pm
Sun	2:00pm-3:00pm



# 10ANDUNDERTENNIS GROUP LESSONS

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## RED 3 AGES 7-8

This level, a progression on Red 2 skills, focuses on improved rallying, court angles, court awareness, and increased groundstroke development. Students will also work to improve volleys and consistency with overhand serves.

DAY	TIME
Tue	4:00pm-5:00pm
Wed	6:00pm-7:00pm
Thu	4:00pm-5:00pm
Sat	12:00pm-1:00pm
Sun	2:00pm-3:00pm

## ORANGE 1 AGES 9-10

This class is for children ages 9-10 who have had little or no previous tennis instruction and focuses on basic tennis groundstrokes, volleys, and serves.

DAY	TIME
Mon	4:30pm-6:00pm
Wed	4:30pm-6:00pm
Sat	1:00pm-2:30pm

## ORANGE 2 AGES 9-10

This class is for students who have progressed through Red 3 and/or Orange 1 levels and who are ready for the 60' court. Lessons will focus on court movement, groundstroke accuracy & consistency, volleys, serves and extended rallying/match play.

DAY	TIME
Mon	4:30pm-6:00pm
Wed	4:30pm-6:00pm
Thu	4:00pm-5:30pm
Sat	1:00pm-2:30pm
Sun	3:00pm-4:30pm

## GREEN AGES 8-10 (SKILL-BASED)

This is a transitional class for players moving from the 60' court to the regulation court, using Green Dot balls. Focus is on more advanced tennis techniques, grips, and scoring.

DAY	TIME
Tue	5:00pm-6:30pm
Thu	5:00pm-6:30pm
Sat	2:30pm-4:00pm

BALL	 <b>Red felt or foam</b> Moves slower and bounces lower than orange ball	 <b>Orange</b> Moves slower and bounces lower than green ball	 <b>Green</b> Slightly reduced bounce from yellow ball
COURT SIZE	 36' x 18'	 60' x 21' singles 60' x 27' doubles	 78' x 27' singles 78' x 36' doubles
NET HEIGHT	2'9"	3' center 3'6" at net posts	3' center 3'6" at net posts
RACQUET	Up to 23"	23" - 25"	25" - 27"



# 10ANDUNDERTENNIS FEES & POLICIES

## 10ANDUNDERTENNIS GROUP LESSON FEES

LEVEL		SESSION 1 FEES			SESSION 2 FEES		
		TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Tennis Whizz	1 day/week	\$95	\$105	\$115	\$86	\$95	\$104
	2 days/week	\$155	\$175	\$195	\$140	\$150	\$176
Red 1 Red 2 Red 3	1 day/week	\$200	\$210	\$235	\$180	\$189	\$212
	2 days/week	\$310	\$350	\$380	\$279	\$315	\$342
	3 days/week	\$385	\$445	\$490	\$347	\$401	\$441
Orange 1 Orange 2	1 day/week	\$295	\$325	\$355	\$266	\$293	\$320
	2 days/week	\$465	\$525	\$585	\$419	\$473	\$527
	3 days/week	\$545	\$645	\$735	\$491	\$581	\$662
Green	1 day/week	\$295	\$325	\$355	\$266	\$293	\$320
	2 days/week	\$465	\$525	\$585	\$419	\$473	\$527
	3 days/week	\$545	\$645	\$735	\$491	\$581	\$662

## GROUP LESSON MAKE-UP & REFUND POLICIES

Students are responsible for attending the lesson for which they have registered. A maximum of 3 missed lessons may be made up per session with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.

**10ANDUNDERTENNIS**

is a USTA Accredited Program.



find yourself in the game



# 10ANDUNDERTENNIS UPCOMING EVENTS

- October 27 Halloween Spooktacular
- November 16-18 USTA Youth Progression Tournament
- November 23 Turkey Tennis Day
- December 16 Jingle Jam & Team Tennis Tournament
- January 19 World Tour Melbourne Event
- February 8 Parent/Child Tournament & Pizza Party
- March 16 Shamrock Shootout

