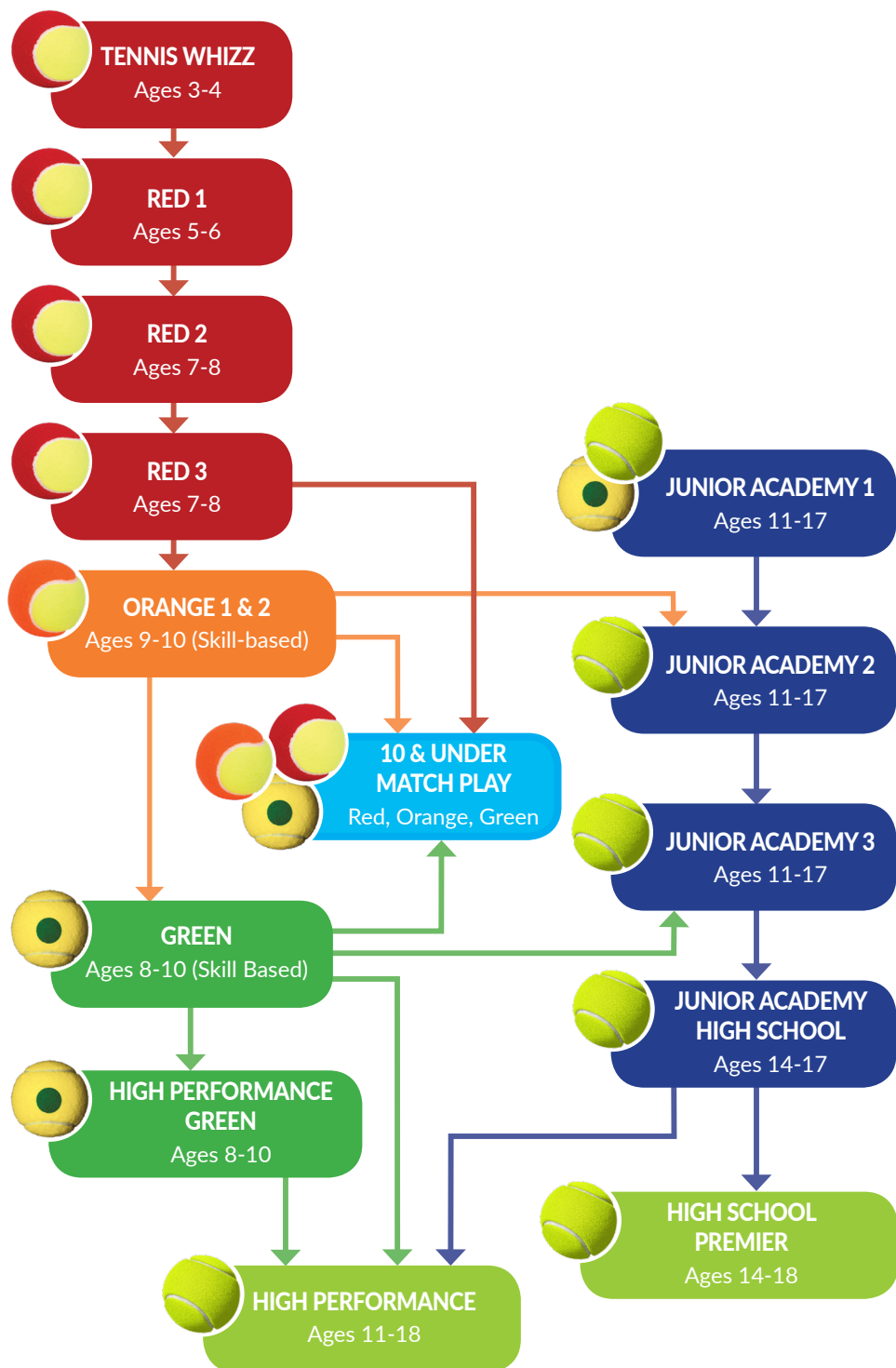


## JUNIOR TENNIS ROADMAP

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs & goals.



Wheaton Sport Center has achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding Professional tennis standards.

## PRIVATE LESSONS

TENNIS MEMBER RATES:

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Aaron Gale	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Josh Luetkehans	\$29	\$55	\$31(ea.)	\$28(ea.)	\$26(ea.)	\$24(ea.)
Anne Mache	\$36	\$66	\$37(ea.)	\$34(ea.)	\$31(ea.)	\$29(ea.)
Morrie Marino	\$27	\$51	\$29(ea.)	\$26(ea.)	\$24(ea.)	\$22(ea.)
Leandro Martins	\$45	\$80	\$46(ea.)	\$42(ea.)	\$39(ea.)	\$36(ea.)
Hillary Nelson	\$36	\$66	\$37(ea.)	\$34(ea.)	\$31(ea.)	\$29(ea.)
Jim Nelson	\$29	\$55	\$31(ea.)	\$28(ea.)	\$26(ea.)	\$24(ea.)
Jane Oviatt	\$27	\$51	\$29(ea.)	\$26(ea.)	\$24(ea.)	\$22(ea.)
Joyce Penn	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Karl Peterson	\$40	\$73	\$41 (ea.)	\$37 (ea.)	\$34 (ea.)	\$31 (ea.)
Brad Pihl	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Idris Smith	\$40	\$73	\$41 (ea.)	\$37 (ea.)	\$34 (ea.)	\$31 (ea.)
Jenny Woyahn	\$36	\$66	\$37(ea.)	\$34(ea.)	\$31(ea.)	\$29(ea.)

HEALTH CLUB MEMBER RATES:

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Aaron Gale	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Josh Luetkehans	\$33	\$62	\$35(ea.)	\$32(ea.)	\$30(ea.)	\$28(ea.)
Anne Mache	\$40	\$73	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Morrie Marino	\$31	\$58	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Leandro Martins	\$48	\$87	\$49(ea.)	\$45(ea.)	\$42(ea.)	\$39(ea.)
Hillary Nelson	\$40	\$73	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Jim Nelson	\$33	\$62	\$35(ea.)	\$32(ea.)	\$30(ea.)	\$28(ea.)
Jane Oviatt	\$31	\$58	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Joyce Penn	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Karl Peterson	\$44	\$80	\$45(ea.)	\$41(ea.)	\$38(ea.)	\$35(ea.)
Brad Pihl	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Idris Smith	\$44	\$80	\$45(ea.)	\$41(ea.)	\$38(ea.)	\$35(ea.)
Jenny Woyahn	\$40	\$73	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)

GUEST RATES:

Teaching Pro	1 student 1/2 hour	1 student 1 hour	2 students 1 hour	3 students 1 hour	4 students 1 hour	5 students 1 hour
Mark Exner	\$40	\$75	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Aaron Gale	\$40	\$75	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Josh Luetkehans	\$37	\$70	\$39(ea.)	\$36(ea.)	\$34(ea.)	\$32(ea.)
Anne Mache	\$44	\$81	\$45(ea.)	\$42(ea.)	\$40(ea.)	\$38(ea.)
Morrie Marino	\$35	\$66	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Leandro Martins	\$52	\$94	\$53(ea.)	\$49(ea.)	\$46(ea.)	\$43(ea.)
Hillary Nelson	\$44	\$81	\$45(ea.)	\$42(ea.)	\$40(ea.)	\$38(ea.)
Jim Nelson	\$37	\$70	\$39(ea.)	\$36(ea.)	\$34(ea.)	\$32(ea.)
Jane Oviatt	\$35	\$66	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Joyce Penn	\$40	\$75	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Karl Peterson	\$48	\$88	\$49(ea.)	\$43(ea.)	\$41(ea.)	\$37(ea.)
Brad Pihl	\$40	\$75	\$41(ea.)	\$39(ea.)	\$36(ea.)	\$34(ea.)
Idris Smith	\$48	\$88	\$49(ea.)	\$43(ea.)	\$41(ea.)	\$37(ea.)
Jenny Woyahn	\$44	\$81	\$45(ea.)	\$42(ea.)	\$40(ea.)	\$38(ea.)

## JUNIOR TENNIS

AGES 11 & OVER



## WINTER 2018-2019

**SESSION 1: OCTOBER 29 - JANUARY 20**

10-WEEK SESSION - NO CLASS 11/22 & 12/24-1/6

**SESSION 2: JANUARY 21 - MARCH 24**

9-WEEK SESSION

**JUNIOR ACADEMY  
HIGH SCHOOL PREMIER  
HIGH PERFORMANCE**

Lori Mills, Tennis Manager  
Leandro Martins, Head Tennis Pro  
Jenny Woyahn, Jr. Tennis Director  
Karl Peterson, High Performance Director



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# JUNIOR ACADEMY HIGH SCHOOL PREMIER

Jr. Tennis Director: Jenny Woyahn  
jwoyahn@wheatonsportcenter.com

**JUNIOR ACADEMY** will help players reach their tennis goals of becoming recreational, competitive high school or high performance players.

**AGES: 11-17**

## JUNIOR ACADEMY 1

Participants will learn groundstrokes, volleys, the serve and game situations, as well as develop hand-eye coordination, balance, agility and footwork movement patterns. Class will use green ball for skill development with an introduction to yellow ball.

DAY	TIME
Tue	5:00pm-6:00pm
Sat	10:30am-11:30am

## JUNIOR ACADEMY 2

Players will build upon skills developed in Junior Academy 1. Students will learn to hit groundstrokes and volleys with direction as well as be introduced to flat and spin serves. They will also learn decision-making in game situations. Green ball will be used for skill development although players will transition to yellow ball for all strokes.

DAY	TIME
Mon	5:00pm-6:30pm
Wed	5:00pm-6:30pm
Sat	10:30am-12:00pm

## JUNIOR ACADEMY 3

Students will continue their skill progression, plus game styles will be introduced. Skill development will include hitting groundstrokes with direction and varying height, speed and distance, and building consistency of groundstrokes, volleys, overheads and serves.

DAY	TIME
Tue	4:00pm-6:00pm
Thu	4:00pm-6:00pm
Sat	12:00pm-2:00pm

## JUNIOR ACADEMY HIGH SCHOOL

This level incorporates all previously learned skills to help the player develop their individual playing style. Focus is on match play strategy, decision making and recognizing various game situations.

DAY	TIME
Tue	4:00pm-6:00pm
Thu	4:00pm-6:00pm
Sat	12:00pm-2:00pm

## HIGH SCHOOL PREMIER

**AGES: 14-18**

Invitation Only. High School players will train for competitive play. Program focuses on basic concepts of offense and defense, and point play. Approval of Head Pro Leandro Martins required (lmartins@wheatonsportcenter.com).

DAY	TIME
Tue	8:00pm-10:00pm
Thu	8:00pm-10:00pm

## ETCHEBERRY TENNIS-SPECIFIC PERFORMANCE TRAINING

The Etcheberry method is a unique fitness, strength and conditioning class designed for serious tennis players. The stronger and better conditioned a player is, the higher the performance potential and the likeliness of injury is decreased. In this class, athletes strengthen & increase speed by using tennis related movements with medicine balls, strength bands, "Etche Swing", a tennis racquet, and more. Contact Etcheberry Certified Trainer, Leandro Martins for class times.



# HIGH PERFORMANCE (INVITATION ONLY)

High Performance Director: Karl Peterson  
kpeterson@wheatonsportcenter.com

**HIGH PERFORMANCE**, our highest-intensity level program, is designed for juniors who compete in tournaments, wish to play tennis at the most competitive level, and have a year-round commitment. At each program level, players are divided by skill level for each class to ensure continued development and challenge. Universal Tennis Ratings are used when placing players. In most cases, those with a UTR of 4/5 will be considered for High Performance, 6 for Elite and 7 & above for Select. Entrance into the High Performance Program must be approved by High Performance Director, Karl Peterson.

## PARTICIPATION REQUIREMENTS:

- Pre-Approval of program director
- Must be a current USTA, iCompete, or Jr. Grand Prix participant
- Year-round commitment level: 2 days/wk group class September through June and Summer Camp 10-day pass
- Weekly private lesson is highly recommended

## HIGH PERFORMANCE GREEN & HIGH PERFORMANCE DEVELOPMENT

This high performance entry program is for green dot players and those transitioning to yellow ball. These players are ready to train for competitive tournament play and can commit to a minimum two training days per week.

## HIGH PERFORMANCE (UTR - 4/5 & ABOVE)

This level is designed to develop players who wish to make tennis their primary sport. These players are beginning to play in iCompete and low level USTA tournaments. This group focuses on stroke production, strategy, point play and introduction to match play. WSC pros develop a weekly plan for each player to help them achieve their short and long term goals.

## HIGH PERFORMANCE ELITE (UTR - 6 & ABOVE)

This level is for the competitive player who aspires to be a USTA ranked junior. They have been highly successful in local tournament circuits and are competing regularly at the USTA level with moderate success. The focus is on detailed strategy, drills and competitive point/match play. The goal of the players and pros is to gradually facilitate development to the HP Select level. Participation in HP Elite is by Pro placement only.

## HIGH PERFORMANCE SELECT (UTR - 7 & ABOVE)

This program is for the highly competitive player who plays multiple times per week and competes at both the USTA Midwest and National level. Many of these players have won USTA tournaments and have had high success at the IHSA state tournament. The concentration is on continued development through drills, intense point play and match play. WSC pros regularly participate in point and match play to ensure constant challenge for the players. This is an invitation only/tryout program at WSC.

**AGES: 8-11**

DAY	TIME
Mon	4:00pm-6:00pm
Wed	4:00pm-6:00pm

**AGES: 11-18**

DAY	TIME
Tue	4:00pm-6:00pm
Thu	4:00pm-6:00pm

**AGES: 11-18**

DAY	TIME
Tue	6:00pm-8:00pm
Thu	6:00pm-8:00pm

**AGES: 11-18**

DAY	TIME
Mon	7:00pm-9:00pm
Wed	7:00pm-9:00pm



# JUNIOR TENNIS FEES & POLICIES

## JUNIOR TENNIS GROUP LESSON FEES

LEVEL		SESSION 1 FEES			SESSION 2 FEES		
		TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST	TENNIS MEMBER	HEALTH CLUB MEMBER	GUEST
Jr. Academy 1	1 day/week	\$220	\$240	\$260	\$198	\$216	\$234
	2 days/week	\$360	\$400	\$440	\$324	\$360	\$396
Jr. Academy 2	1 day/week	\$330	\$360	\$390	\$297	\$324	\$351
	2 days/week	\$540	\$600	\$660	\$486	\$540	\$594
	3 days/week	\$730	\$765	\$900	\$657	\$689	\$810
Jr. Academy 3 Jr. Academy HS+ Jr. Academy HS Premier+	1 day/week	\$440	\$480	\$520	\$396	\$432	\$468
	2 days/week	\$720	\$800	\$880	\$648	\$720	\$792
	3 days/week	\$950	\$1,020	\$1,140	\$855	\$918	\$1,026
High Performance+	2 days/week	\$730	\$810	\$890	\$657	\$729	\$801

\*High School Boys Winter 2 Session Discount: High School Boys entering their H.S. season may sign up for only the first 6 weeks of session 2 at a prorated fee. Inquire at Member Services.

## GROUP LESSON MAKE-UP & REFUND POLICIES

Students are responsible for attending the lesson for which they have registered. A maximum of 3 missed lessons may be made up per session with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.

## JUNIOR MATCH PLAY

Wheaton Sport Center Junior Players will have the opportunity to compete under a Pro's supervision in ongoing match play events, both in-house and against other clubs. Details will be provided to Junior participants at the start of the program.

## iCOMPETE TOURNAMENT LEAGUE

The iCompete Tournament League is a great entry into tournament competition for developing juniors. This program is a series of high value, affordable one-night/one-day competitive tournaments offered for 6 age divisions. Details are available on the iCompete website: [www.iCompeteTennis.com](http://www.iCompeteTennis.com)

## USTA TOURNAMENTS

- October 19-21 WSC October Championships, Level 4
- November 16-18 WSC Thanksgiving Open, Level 4 & Green Ball Youth Progression
- December 7-9 WSC December Championship, Level 4
- January 11-13 WSC New Years Open, Level 4
- February 8-10 WSC Winter Championships, Level 4
- March 1-3 WSC Spring Open, Level 4

For WSC and other local tournaments, visit the USTA website at [www.USTA.com](http://www.USTA.com)