

WHEATON SPORT CENTER 10 AND UNDER TENNIS

TENNIS DEVELOPMENT FOR THE COMPLETE PLAYER

- **GROUP LESSONS**
Progressive Skill Development
Tactical Awareness
- **TENNIS WHIZZ**
- **RED ORANGE GREEN**
- **HIGH PERFORMANCE DEVELOPMENT**
- **SUMMER CAMPS:**
RED ORANGE GREEN
- **PRIVATE LESSONS**

- **HOLIDAY CAMPS:**
RED ORANGE GREEN
- **FRIDAY POINT PLAY:**
RED ORANGE GREEN
- **PLAYDAYS:**
RED ORANGE GREEN



- **10U ADVENTURE OUTINGS:**
RED ORANGE GREEN
- **PARENT/CHILD TOURNAMENTS:**
RED ORANGE GREEN
- **PIZZA/MOVIE NIGHT:**
RED ORANGE GREEN
- **HALL OF FAME:**
RED ORANGE GREEN

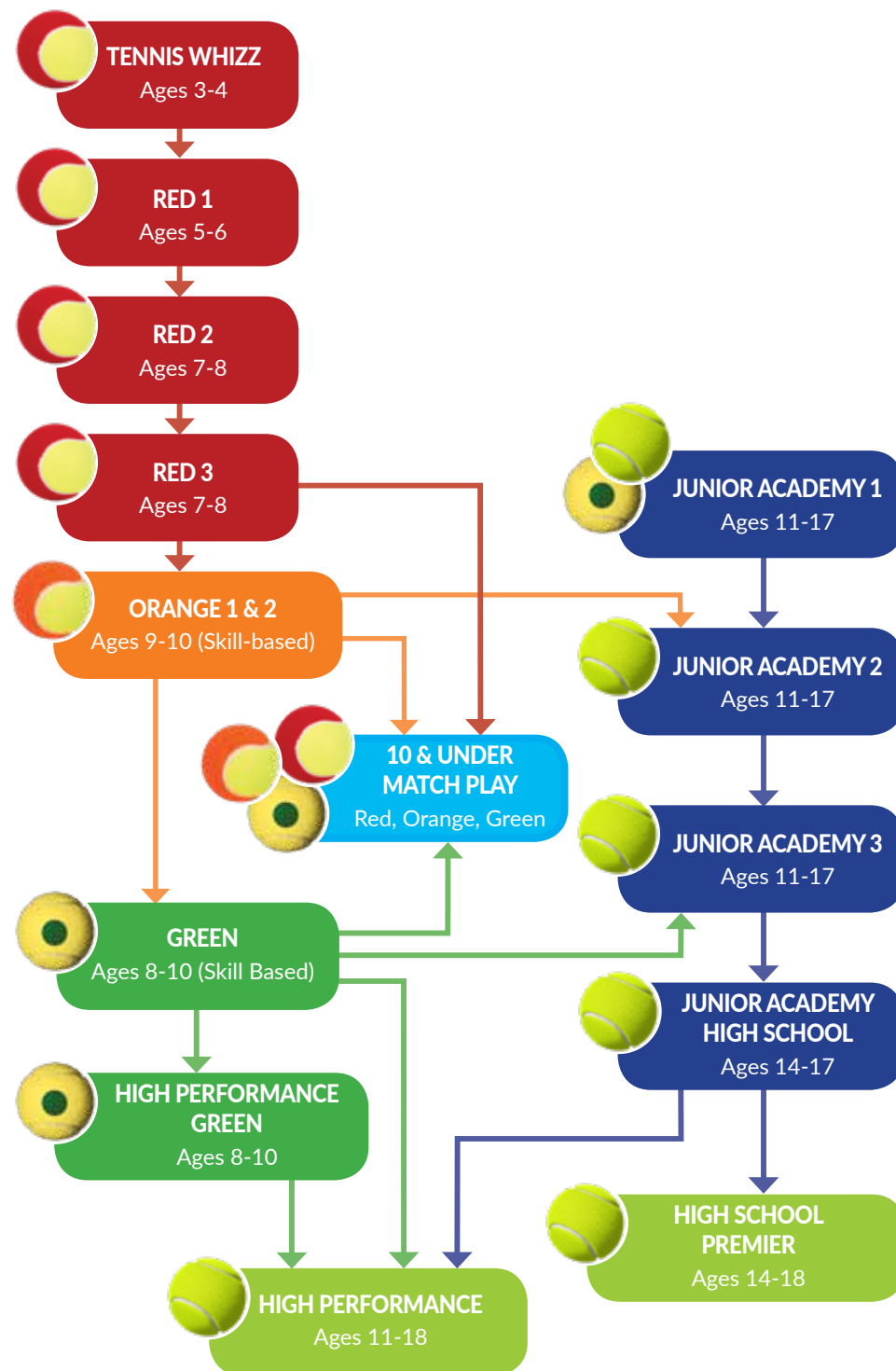
- **WORLD TOUR EVENTS:**
RED ORANGE GREEN
- **IN-HOUSE TOURNAMENTS:**
RED ORANGE GREEN
- **JUNIOR TEAM TENNIS:**
RED ORANGE GREEN
- **ICOMPETE TOURNAMENTS:**
ORANGE GREEN
- **USTA YOUTH PROGRESSION TOURNAMENTS:**
ORANGE GREEN

WSC HALL OF FAME

Earn your spot in the Wheaton Sport Center 10 & Under Tennis Hall of Fame! WSC acknowledges players who show their commitment to their tennis development. Players receive a Hall of Fame certificate by participating in a variety of our tennis programs and activities listed above. Collect 4 certificates (June through May) and you will be inducted into the Hall of Fame. Hall of Fame members are recognized by: Photo on the Hall of Fame Wall, Personalized Hall of Fame t-shirt, Exclusive Hall of Fame Tournament and Induction Ceremony, Photo & Bio in the WSC Hall of Fame Booklet. Start your Hall of Fame certificates today! For more details, contact Anne Mache, amache@wheatonsportcenter.com.

JUNIOR TENNIS ROADMAP

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs & goals.



Wheaton Sport Center has achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding Professional tennis standards.

rev 04-02-2018

10 AND UNDER TENNIS



SPRING 2018

APRIL 2 - JUNE 10



Lori Mills, Tennis Manager
Jenny Woyahn, Jr. Tennis Director



630-690-0887 | www.wheatonsportcenter.com



10 AND UNDER TENNIS GROUP LESSONS

Jr. Tennis Director: Jenny Woyahn
jwoyahn@wheatonsportcenter.com

TENNIS WHIZZ

AGES 3-4

Players will have fun with our new Tennis Whizz curriculum, which teaches both the fundamental movement skills that they'll need for Red 1 and basic tennis skills at the same time. Each class uses a storytelling approach that fully engages children in the lesson, and includes skill building around letters, numbers, shapes and social development. Players will receive takeaways and activities that can be done at home as we address the growth of the entire young child.

| DAY | TIME |
|-----|-----------------|
| Mon | 4:00pm-4:30pm |
| Tue | 12:30pm-1:00pm |
| Thu | 9:30am-10:00am |
| Sat | 11:30am-12:00pm |
| Sun | 1:30pm-2:00pm |

NEW All first-time participants receive a Tennis Whizz tennis racquet & backpack.

RED 1

AGES 5-6

Players are introduced to tennis mechanics through game-based play. They will continue development of agility, balance, and coordination while learning forehands, backhands, volleys, and serves.

| DAY | TIME |
|-----|----------------|
| Tue | 1:00pm-2:00pm |
| Tue | 4:00pm-5:00pm |
| Wed | 6:00pm-7:00pm |
| Thu | 9:00am-10:00am |
| Thu | 4:00pm-5:00pm |
| Sat | 12:00pm-1:00pm |
| Sun | 2:00pm-3:00pm |

RED 2

AGES 7-8

This level concentrates on groundstroke development, volleys, serves, and progression to rallying skills.

| DAY | TIME |
|-----|----------------|
| Tue | 4:00pm-5:00pm |
| Wed | 6:00pm-7:00pm |
| Thu | 4:00pm-5:00pm |
| Sat | 12:00pm-1:00pm |
| Sun | 2:00pm-3:00pm |

RED 3

AGES 7-8

This level progresses from Red 2 with more focus on rallying, court angles, court awareness, and further groundstroke development, as well as work on volleys and consistency with overhand serves.

| DAY | TIME |
|-----|----------------|
| Tue | 4:00pm-5:00pm |
| Wed | 6:00pm-7:00pm |
| Thu | 4:00pm-5:00pm |
| Sat | 12:00pm-1:00pm |
| Sun | 2:00pm-3:00pm |

For more information about 10 & Under Tennis, please contact

Jenny Woyahn, Jr. Tennis Director

jwoyahn@wheatonsportcenter.com | 630-315-5327

| BALL | Red felt or foam Moves slower and bounces lower than orange ball | Orange Moves slower and bounces lower than green ball | Green Slightly reduced bounce from yellow ball |
|------------|---|--|---|
| COURT SIZE | 36' x 18' | 60' x 21' singles 60' x 27' doubles | 78' x 27' singles 78' x 36' doubles |
| NET HEIGHT | 2'9" | 3' center 3'6" at net posts | 3' center 3'6" at net posts |
| RACQUET | Up to 23" | 23" - 25" | 25" - 27" |

ORANGE 1

AGES 9-10

This class is for children ages 9-10 who have had little or no previous tennis instruction. Basic tennis groundstrokes, volleys and serves will be taught.

| DAY | TIME |
|-----|---------------|
| Mon | 4:30pm-6:00pm |
| Wed | 4:30pm-6:00pm |
| Sat | 1:00pm-2:30pm |

ORANGE 2

AGES 9-10

This class is for students who have progressed through Red 3 and/or Orange 1 and who are ready for the 60' court. Lessons will focus on court movement, groundstroke accuracy/consistency, volleys, serves and extended rallying/match play.

| DAY | TIME |
|-----|---------------|
| Mon | 4:30pm-6:00pm |
| Wed | 4:30pm-6:00pm |
| Thu | 4:00pm-5:30pm |
| Sat | 1:00pm-2:30pm |
| Sun | 3:00pm-4:30pm |

GREEN

AGES 8-10 (SKILL-BASED)

This is a transitional class for players moving from the 60' court to the regulation court, using Green Dot balls. Focus is on more advanced tennis techniques, grips, and scoring.

| DAY | TIME |
|-----|---------------|
| Tue | 5:00pm-6:30pm |
| Thu | 5:00pm-6:30pm |
| Sat | 2:30pm-4:00pm |

FRIDAY POINT PLAY

RED, ORANGE, GREEN

Friday Point Play offers 10 & Under players the opportunity to take the skills learned in their weekly lessons and apply them in match play situations. Supervising coaches will help players learn on-court problem solving, shot selection and point play strategy. To fully develop as a tennis player, young athletes should combine lessons and match play.

*Players must be enrolled in a minimum of 1 day of 10 & Under lessons to participate in this program.

| LEVEL | DAY | TIME | SESSION FEE |
|---------------------------------------|-----|---------------|-------------|
| Red Point Play | Fri | 4:00pm-5:00pm | \$75 |
| Orange Point Play Green Point Play | Fri | 4:00pm-6:00pm | \$149 |



10 AND UNDER TENNIS FEES & POLICIES

10 AND UNDER TENNIS GROUP LESSON FEES

| LEVEL | | SESSION 1 FEES | | |
|-------------------------|-------------|----------------|--------------------|-------|
| | | TENNIS MEMBER | HEALTH CLUB MEMBER | GUEST |
| Tennis Whizz | 1 day/week | \$95 | \$105 | \$115 |
| | 2 days/week | \$155 | \$175 | \$195 |
| Red 1 Red 2 Red 3 | 1 day/week | \$195 | \$215 | \$230 |
| | 2 days/week | \$300 | \$340 | \$370 |
| | 3 days/week | \$375 | \$435 | \$480 |
| Orange 1 Orange 2 | 1 day/week | \$285 | \$315 | \$345 |
| | 2 days/week | \$450 | \$510 | \$570 |
| | 3 days/week | \$540 | \$630 | \$720 |
| Green | 1 day/week | \$285 | \$315 | \$345 |
| | 2 days/week | \$450 | \$510 | \$570 |
| | 3 days/week | \$540 | \$630 | \$720 |

GROUP LESSON MAKE-UP & REFUND POLICIES

Students are responsible for attending the lesson for which they have registered. A maximum of 3 missed lessons may be made up per session with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability. Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.

10 AND UNDER TENNIS

is a USTA Accredited Program.



10 AND UNDER TENNIS UPCOMING EVENTS

- April 20
- May 4-6
- May 18
- June 3

Tennis & A Movie



USTA Youth Progression Tournament



World Tour, Paris



Hall of Fame Tournament