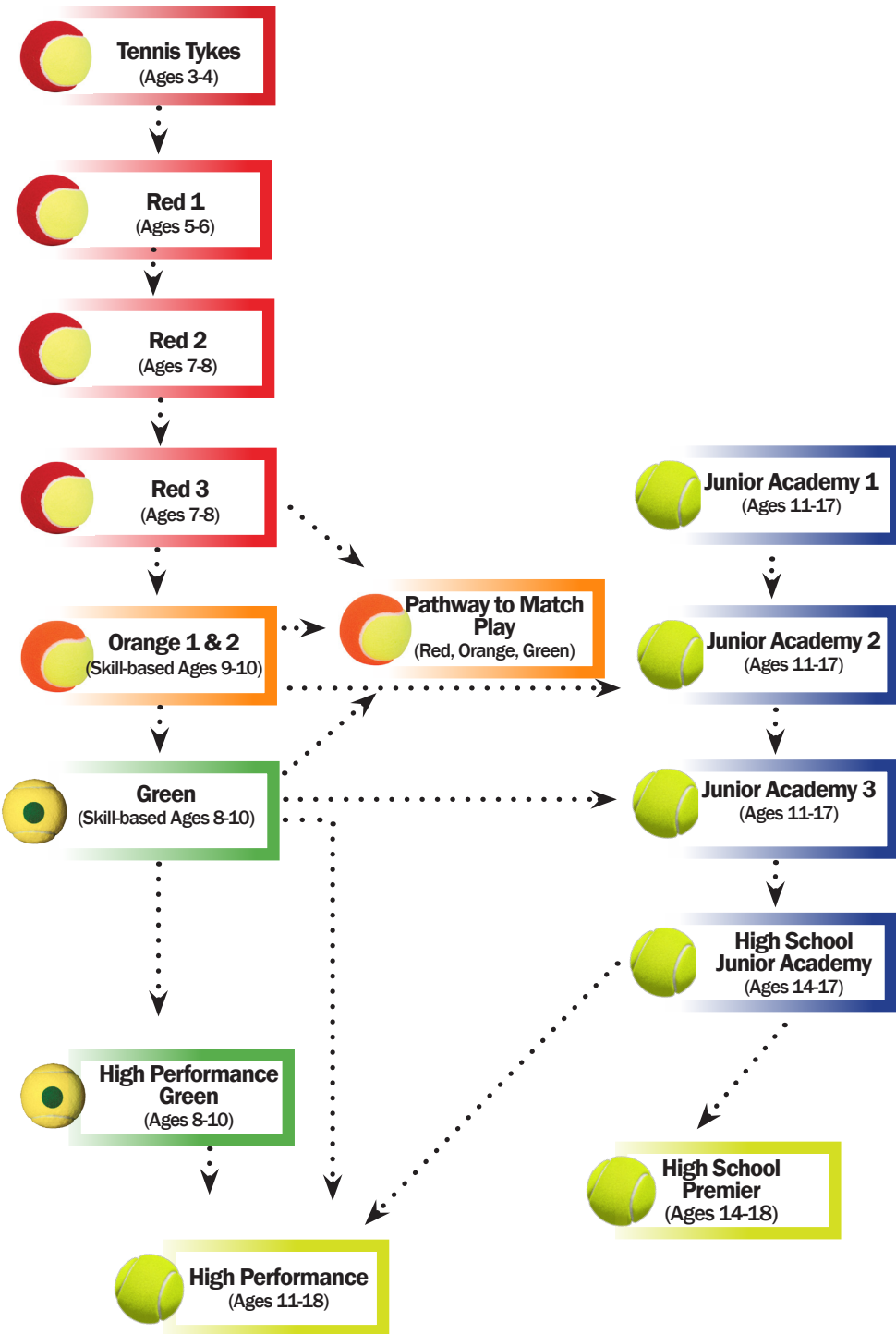


# Junior Tennis Roadmap

This roadmap shows the progression of the tennis player through recreational and competitive tennis, from age 3 through high school. Players advance along the road that best meets their individual developmental needs and goals.



Wheaton Sport Center achieved PTR Proud Facility Status from the Professional Tennis Registry, which is awarded for upholding professional tennis standards

## Private Lessons

**Tennis Member Rates:**

Teaching Pro	1 Student 1/2 hr.	1 Student 1 hr	2 students 1 hr	3 students 1 hr	4 students 1 hr	5 students 1 hr
Mark Exner	\$29	\$55	\$31(ea.)	\$28(ea.)	\$26(ea.)	\$24(ea.)
Lenno Lasn	\$45	\$80	\$46(ea.)	\$42(ea.)	\$39(ea.)	\$36(ea.)
Josh Luetkehans	\$29	\$55	\$31(ea.)	\$28(ea.)	\$26(ea.)	\$24(ea.)
Anne Mache	\$36	\$66	\$37(ea.)	\$34(ea.)	\$31(ea.)	\$29(ea.)
Morrie Marino	\$27	\$51	\$29(ea.)	\$26(ea.)	\$24(ea.)	\$22(ea.)
Leandro Martins	\$45	\$80	\$46(ea.)	\$42(ea.)	\$39(ea.)	\$36(ea.)
George Minkov	\$36	\$66	\$37(ea.)	\$34(ea.)	\$31(ea.)	\$29(ea.)
Hillary Nelson	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Jim Nelson	\$29	\$55	\$31(ea.)	\$28(ea.)	\$26(ea.)	\$24(ea.)
Jane Oviatt	\$27	\$51	\$29(ea.)	\$26(ea.)	\$24(ea.)	\$22(ea.)
Joyce Penn	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Karl Peterson	\$40	\$73	\$41(ea.)	\$37(ea.)	\$34(ea.)	\$31(ea.)
Brad Pihl	\$32	\$60	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Martina Wodzinski	\$40	\$73	\$41(ea.)	\$37(ea.)	\$34(ea.)	\$31(ea.)
Michael Von Vogt	\$40	\$73	\$41(ea.)	\$37(ea.)	\$34(ea.)	\$31(ea.)

**Health Club Member Rates:**

Teaching Pro	1 Student 1/2 hr.	1 Student 1 hr	2 students 1 hr	3 students 1 hr	4 students 1 hr	5 students 1 hr
Mark Exner	\$33	\$62	\$35(ea.)	\$32(ea.)	\$30(ea.)	\$28(ea.)
Lenno Lasn	\$48	\$87	\$49(ea.)	\$45(ea.)	\$42(ea.)	\$39(ea.)
Josh Luetkehans	\$33	\$62	\$35(ea.)	\$32(ea.)	\$30(ea.)	\$28(ea.)
Anne Mache	\$40	\$73	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Morrie Marino	\$31	\$58	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Leandro Martins	\$48	\$87	\$49(ea.)	\$45(ea.)	\$42(ea.)	\$39(ea.)
George Minkov	\$40	\$73	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Hillary Nelson	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Jim Nelson	\$33	\$62	\$35(ea.)	\$32(ea.)	\$30(ea.)	\$28(ea.)
Jane Oviatt	\$31	\$58	\$33(ea.)	\$30(ea.)	\$28(ea.)	\$26(ea.)
Joyce Penn	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Karl Peterson	\$44	\$80	\$45(ea.)	\$41(ea.)	\$38(ea.)	\$35(ea.)
Brad Pihl	\$36	\$67	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Martina Wodzinski	\$44	\$80	\$45(ea.)	\$41(ea.)	\$38(ea.)	\$35(ea.)
Michael Von Vogt	\$44	\$80	\$45(ea.)	\$41(ea.)	\$38(ea.)	\$35(ea.)

**Guest Rates:**

Teaching Pro	1 Student 1/2 hr.	1 Student 1 hr	2 students 1 hr	3 students 1 hr	4 students 1 hr	5 students 1 hr
Mark Exner	\$37	\$70	\$39(ea.)	\$36(ea.)	\$34(ea.)	\$32(ea.)
Lenno Lasn	\$52	\$94	\$53(ea.)	\$49(ea.)	\$46(ea.)	\$43(ea.)
Josh Luetkehans	\$37	\$70	\$39(ea.)	\$36(ea.)	\$34(ea.)	\$32(ea.)
Anne Mache	\$44	\$81	\$45(ea.)	\$42(ea.)	\$40(ea.)	\$38(ea.)
Morrie Marino	\$35	\$66	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Leandro Martins	\$52	\$94	\$53(ea.)	\$49(ea.)	\$46(ea.)	\$43(ea.)
George Minkov	\$44	\$81	\$45(ea.)	\$42(ea.)	\$40(ea.)	\$38(ea.)
Hillary Nelson	\$40	\$75	\$41(ea.)	\$39(ea.)	\$36(ea.)	\$34(ea.)
Jim Nelson	\$37	\$70	\$39(ea.)	\$36(ea.)	\$34(ea.)	\$32(ea.)
Jane Oviatt	\$35	\$66	\$37(ea.)	\$34(ea.)	\$32(ea.)	\$30(ea.)
Joyce Penn	\$40	\$75	\$41(ea.)	\$38(ea.)	\$36(ea.)	\$34(ea.)
Karl Peterson	\$48	\$88	\$49(ea.)	\$43(ea.)	\$41(ea.)	\$37(ea.)
Brad Pihl	\$40	\$75	\$41(ea.)	\$39(ea.)	\$36(ea.)	\$34(ea.)
Martina Wodzinski	\$48	\$88	\$49(ea.)	\$43(ea.)	\$41(ea.)	\$39(ea.)
Michael Von Vogt	\$48	\$88	\$49(ea.)	\$43(ea.)	\$41(ea.)	\$39(ea.)



**FALL 2016**  
August 15 - October 23



630.690.0887 | www.wheatonsportcenter.com

Lori Mills, Tennis Manager  
Michael Von Vogt, Jr. Tennis Director  
Leandro Martins, Head Tennis Pro  
Karl Peterson, High Performance Director



Fall 2016  
August 15 - October 23

## JUNIOR ACADEMY

**AGES: 11-17**

Junior Academy will help players reach their tennis goals of becoming recreational, competitive high school or high performance players. If you have questions regarding the program, please contact:

Head Tennis Pro: Leandro Martins  
630.315.5344; lmartins@wheatonsportcenter.com

### Junior Academy 1

Participants will learn groundstrokes, volleys, the serve and game situations, as well as develop hand-eye coordination, balance, agility and footwork movement patterns. Class will use green ball for skill development with an introduction to yellow ball.

Tuesday, 5-6 pm Saturday, 10:30-11:30 am

### Junior Academy 2

Players will build upon skills developed in Junior Academy 1. Students will also learn to hit groundstrokes and volleys with direction as well as introduced to flat and spin serves. They will also learn decision-making in game situations. Green ball will be used for skill development although players will transition to yellow ball for all strokes.

Monday, 5-6:30 pm Wednesday, 5-6:30 pm Saturday, 10:30 am-12 pm

### Junior Academy 3

Students will continue their skill progression, plus game styles will be introduced. Skill development will include hitting groundstrokes with direction and varying height, speed and distance, and building consistency of groundstrokes, volleys, overheads and serves.

Tuesday, 4-6 pm Thursday, 4-6 p.m. Saturday, 12-2 pm

### High School Junior Academy

This level incorporates all previously learned skills to help the player develop their individual playing style. Focus is on match play strategy, decision making and recognizing various game situations.

Tuesday, 4-6 pm Thursday, 4-6 pm Saturday, 12-2 pm

## HIGH SCHOOL PREMIER ACADEMY

**AGES 14-18**

High School Premier Director: Leandro Martins  
630.315.5344; lmartins@wheatonsportcenter.com

### High School Premier

Invitation Only. High School Varsity and USTA ranked players will train for competitive play. Program focuses on advanced techniques, strategies, and match play. Approval of Head Pro Leandro Martins required.

Tuesday, 8-10 pm Thursday, 8-10 pm

## USTA TOURNAMENTS

WSC October Championships  
October 21-23

WSC Thanksgiving Open  
November 18-20

WSC December Championships  
December 9-11

For WSC and other local tournaments, visit the USTA website: [www.USTA.com](http://www.USTA.com)

## HIGH PERFORMANCE ACADEMY

**INVITATION ONLY**

High Performance Academy Director: Karl Peterson

630.315.5317; kpeterson@wheatonsportcenter.com

Our highest intensity level program is designed for juniors who compete in tournaments, wish to play tennis at the most competitive level and have a year-round commitment. At each program level, players are divided by skill level for each class to insure continued development and challenge. Entrance into High Performance Green and High Performance is on approval of Head Pro Leandro Martins. Entrance into High Performance Elite and High Performance Select must be approved by High Performance Director Karl Peterson.

### Participation requirements:

- Year-round Commitment Level: 2 days/wk group class September through June and Summer Camp 10-day pass
- Must be a current USTA, iCompete or Jr. Grand Prix participant
- Weekly private lesson is highly recommended
- Pre-Approval of program director

### High Performance Green

Players train with green dot balls on a 78' court. This level is for 10 and under players who have advanced to green dot balls, are ready to train for competitive tournament play and can commit to a minimum of two training days per week.

Monday, 4-6 pm Wednesday, 4-6 pm

**Ages 8-11**

### High Performance

This level is designed to develop players who wish to make tennis their primary sport. These players are beginning to play in iCompete and low level USTA tournaments. This group focuses on stroke production, strategy, point play and introduction to match play. WSC pros develop a weekly plan for each player to help them achieve their short and long term goals.

Tuesday, 4-6 pm Thursday, 4-6 pm

**Ages 11-18**

### High Performance Elite

This level is for the competitive player who aspires to be a USTA ranked junior. They have been highly successful in local tournament circuits and are competing regularly at the USTA level with moderate success. The focus is on detailed strategy, drills and competitive point/match play. The goal of the players and pros is to gradually facilitate development to the HP Select level. Participation in HP Elite is by pro placement only.

Monday, 6:30-8:30pm Wednesday, 6:30-8:30pm

**Ages 11-18**

### High Performance Select

This program is for the highly competitive player who plays multiple times per week and competes at both the USTA Midwest and National level. Many of these players have won USTA tournaments and have had high success at the IHSA state tournament. The concentration is on continued development through drills, intense point play and match play. WSC pros regularly participate in point and match play to ensure constant challenge for the players. This is an invitation only/tryout program at WSC.

Tuesday, 6-8pm Thursday, 6-8pm

**Ages 11-18**

## ETCHEBERRY TENNIS-SPECIFIC PERFORMANCE TRAINING

The Etcheberry method is a unique fitness, strength and conditioning class designed for serious tennis players. The stronger and better conditioned a player is, the higher the performance potential is and the likeliness of injury is decreased. In this class, athletes strengthen & increase speed by using tennis related movements with medicine balls, strength bands, "Etche Swing", a tennis racquet, and more. Contact Etcheberry Certified Trainer, Leandro Martins for class times. [lmartins@wheatonsportcenter.com](mailto:lmartins@wheatonsportcenter.com)



Register for Tennis Classes in person at the Member Services Desk or online at [www.wheatonsportcenter.com](http://www.wheatonsportcenter.com).

## JUNIOR ACADEMY & HIGH SCHOOL PREMIER

	Tennis Member Rates	Health Club Rates	Guest Rates
<b>1 Hour Classes (Junior Academy 1)</b>			
1 day/wk	\$220 (\$22/hr.)	\$240 (\$24/hr.)	\$260 (\$26/hr.)
2 day/wk.	\$360 (\$18/hr.)	\$400 (\$20/hr.)	\$440 (\$22/hr.)
<b>1.5 Hour Classes (Junior Academy 2)</b>			
1 day/wk.	\$330 (\$22/hr.)	\$360 (\$24/hr.)	\$390 (\$26/hr.)
2 day/wk.	\$540 (\$18/hr.)	\$600 (\$20/hr.)	\$660 (\$22/hr.)
3 day/wk.	\$675 (\$15/hr.)	\$765 (\$17/hr.)	\$900 (\$20/hr.)
<b>2 Hour Classes (Junior Academy 3 &amp; High School Junior Academy, HS Premier)</b>			
1 day/wk.	\$440 (\$22/hr.)	\$480 (\$24/hr.)	\$520 (\$26/hr.)
2 day/wk.	\$720 (\$18/hr.)	\$800 (\$20/hr.)	\$880 (\$22/hr.)
3 day/wk.	\$900 (\$15/hr.)	\$1,020 (\$17/hr.)	\$1,140 (\$19/hr.)

## HIGH PERFORMANCE

	Tennis Member Rates	Health Club Rates	Guest Rates
2 day/wk.	\$720 (\$18/hr.)	\$800 (\$20/hr.)	\$880 (\$22/hr.)

## GROUP LESSON MAKE UP AND REFUND POLICY

Students are responsible for attending the lesson for which they have registered. A maximum of 3 missed lessons may be made up per session with prior approval of the instructor. Student must email the instructor 24 hours prior to the missed lesson. Lessons must be made up during the current session and are NOT guaranteed. Approval for make up lesson is based on class space availability.

Refunds are honored for any reason if notification is given 72 hours prior to the first lesson. After a lesson session has started, refunds are only given for illness or injury with a doctor's note. A \$10 fee per registrant will be charged for all refunds.

## JUNIOR MATCH PLAY

Wheaton Sport Center Junior Players will have the opportunity to compete under a pro's supervision in ongoing match play events, both in-house and against other clubs. Details will be provided to Junior participants at the start of the program.

## iCOMPETE TOURNAMENT LEAGUE

The iCompete Tournament League is a great entry into tournament competition for developing juniors. This program is a series of high value, affordable one-night/one-day competitive tournaments offered for 6 age divisions. Some tournaments will be held at Wheaton Sport Center. Details are available on the iCompete website, [www.iCompeteTennis.com](http://www.iCompeteTennis.com).