

## Frequently Asked Questions

Q: So now I have to pay for yoga?

A: No, you certainly do not have to. All of the basic yoga classes on our Group Ex schedule will remain free/part of your regular WSC membership. You only have to pay an additional monthly or drop-in fee for classes in **The Studio** which will offer a more enhanced/higher level of yoga in a climate controlled environment.

Q: Are the class schedules available?

A: Yes, both the Group Ex and The Studio schedules are on our website for you to compare the offerings.

Q: What's the difference between the Group Ex schedule and **The Studio** schedule?

A: The Group Ex schedule will offer basic yoga classes including Yoga 1-2, Sport, Flex Fusion, Gentle/Chair, and YIN. **Additionally**, Yogalates and mat based Pilates classes *will still* be offered on the Group Ex schedule at no extra charge. **The Studio** schedule will have enhanced yoga offerings throughout the day including sculpt (cardio/weights/yoga fusion) Power yoga, Hot yoga, as well as workshops and specialty classes. **The Studio** is also equipped with a brand new HVAC system to provide heat and humidity levels conducive to a variety of heated yoga class formats. All instructors in **The Studio** are at least 200 hour certified yoga instructors, many also have advanced certifications.

Q: Will The Studio instructors continue to teach on the Group Ex scheduled yoga classes?

A: Yes, all of our yoga instructors will be available on the Group Ex schedule. Instructors in The Studio will have a minimum certification requirement of 200 hours.

Q: Will there be new instructors teaching on The Studio schedule?

A: Yes, we have several new instructors teaching classes on **The Studio** schedule. Please refer to our website for the schedule.

Q: Will I have to register for The Studio classes online?

A: Yes, to ensure you have a spot in the class you must register online.

Q: Why the additional membership fee?

A: Based on our survey results, market research, and conversations with members leaving WSC to practice yoga at other facilities, we determined that making this investment into our club was necessary. A minimal additional charge still provides a cost savings when comparing a full amenity club membership with a separate yoga membership elsewhere. And WSC also provides the best Child Care in the area.

Q: "I'm excited about this! How do I sign up?"

A: You can sign up online by clicking "Group Activities" and selecting "Buy a membership" (a follow-up email will be sent to online registrants that they must sign an enrollment form) or completing an enrollment form at Member Services or with Membership.